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# CYBERSECURITY POLICY

## OF THE EUROPEAN PAEDIATRIC ASSOCIATION UNION OF NATIONAL EUROPEAN PAEDIATRIC SOCIETIES AND ASSOCIATIONS

### Policy brief & purpose

EPA-UNEPSA's cyber security policy outlines our guidelines and provisions for preserving the security of our data and technology infrastructure.

The more we rely on technology to collect, store and manage information, the more vulnerable we become to severe security breaches. Human errors, hacker attacks and system malfunctions could cause great financial damage and may jeopardize our society's reputation.

For this reason, we have established a number of security measures. We have also prepared instructions that may help mitigate security risks. We have outlined both provisions in this policy.

### Scope

This policy applies to all our directors, officers, employees, contractors, volunteers and anyone who has permanent or temporary access to our systems and hardware.

### Policy elements

#### Confidential data

Confidential data is secret and valuable. Common examples are:

- Unpublished scientific information
- Data of scientific partners, collaborators, members
- Patents, formulas or new technologies
- Partners/Customer lists (existing and prospective)

All directors, coworkers and employees are obliged to protect this data. In this policy, we will give instructions on how to avoid security breaches.

## **Protect personal and company devices**

When any EPA-UNEPSA officer use his/her digital devices to access company emails or accounts, they introduce security risk to our data. We advise our officers to keep both their personal and society-issued computer, tablet and cell phone secure. They can do this if they:

- Keep all devices password protected.
- Choose and upgrade a complete antivirus software.
- Ensure they do not leave their devices exposed or unattended.
- Install security updates of browsers and systems monthly or as soon as updates are available.
- Log into society accounts and systems through secure and private networks only.

We also advise our officers to avoid accessing internal systems and accounts from other people's devices or lending their own devices to others.

When new hires receive society-issued equipment they will receive instructions for:

- [*Disk encryption setup*]
- [*Password management tool setup*]
- [*Installation of antivirus/ anti-malware software*]
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They should follow instructions to protect their devices and refer to our [*Security Specialists/ Network Engineers*] if they have any questions.

## **Keep emails safe**

Emails often host scams and malicious software (e.g. worms.) To avoid virus infection or data theft, we instruct employees to:

- Avoid opening attachments and clicking on links when the content is not adequately explained (e.g. "watch this video, it's amazing.")
- Be suspicious of clickbait titles (e.g. offering prizes, advice.)
- Check email and names of people they received a message from to ensure they are legitimate.
- Look for inconsistencies or give-aways (e.g. grammar mistakes, capital letters, excessive number of exclamation marks.)

If an officer isn't sure that an email they received is safe, they can refer to our *IT Specialist*.

## **Manage passwords properly**

Password leaks are dangerous since they can compromise our entire infrastructure. Not only should passwords be secure so they won't be easily hacked, but they should also remain secret. For this reason, we advise our officers and co-workers to:

- Choose passwords with at least eight characters (including capital and lower-case letters, numbers and symbols) and avoid information that can be easily guessed (e.g. birthdays.)
- Remember passwords instead of writing them down. If employees need to write their passwords, they are obliged to keep the paper or digital document confidential and destroy it when their work is done.
- Exchange credentials only when absolutely necessary. When exchanging them in-person isn't possible, employees should prefer the phone instead of email, and only if they personally recognize the person they are talking to.
- Change their passwords every two months.

Remembering a large number of passwords can be daunting. We will purchase the services of a password management tool which generates and stores passwords. Employees are obliged to create a secure password for the tool itself, following the abovementioned advice.

## **Transfer data securely**

Transferring data introduces security risk. EPA-UNEPSA Officers must:

- Avoid transferring sensitive data (e.g. partners or costumers information, officers records) to other devices or accounts unless absolutely necessary. When mass transfer of such data is needed, we request employees to ask our *Security Specialists* for help.
- Share confidential data over the company network/ system and not over public Wi-Fi or private connection.
- Ensure that the recipients of the data are properly authorized people or organizations and have adequate security policies.
- Report scams, privacy breaches and hacking attempts

Our *IT Specialists/ Network Engineers* need to know about scams, breaches and malware so they can better protect our infrastructure. For this reason, we advise our officers and co-workers to report perceived attacks, suspicious emails or phishing attempts as soon as possible to our specialists. Our *IT Specialists/ Network Engineers* must investigate promptly, resolve the issue and send a societywide alert when necessary.

Our Security Specialists consultants and specialists are responsible for advising officers and employees on how to detect scam emails. We encourage our employees to reach out to them with any questions or concerns.

### **Additional measures**

*To reduce the likelihood of security breaches, we also instruct our officers to:*

- Turn off their screens and lock their devices when leaving their desks.
- Report stolen or damaged equipment as soon as possible to *HR/ IT Department*.
- Change all account passwords at once when a device is stolen.
- Report a perceived threat or possible security weakness in company systems.
- Refrain from downloading suspicious, unauthorized or illegal software on their company equipment.
- Avoid accessing suspicious websites.

We also expect our officers and employees to comply with our social media and internet usage policy.

*Our Security Specialists/ Network Administrators]should:*

- Install firewalls, anti malware software and access authentication systems.
- Arrange for security training to all employees.
- Inform employees regularly about new scam emails or viruses and ways to combat them.
- Investigate security breaches thoroughly.
- Follow this policies provisions as other employees do.

Our society will have all physical and digital shields to protect information.

### **Remote employees**

Remote employees must follow this policy's instructions too. Since they will be accessing our society's accounts and systems from a distance, they are obliged to follow all data encryption, protection standards and settings, and ensure their private network is secure.

We encourage them to seek advice from our *Security Specialists/ IT Administrators*.

### **Disciplinary Action**

We expect all our officers/employees to always follow this policy and those who cause security breaches may face disciplinary action:

- First-time, unintentional, small-scale security breach: We may issue a verbal warning and train the employee on security.
- Intentional, repeated or large scale breaches (which cause severe financial or other damage): We will invoke more severe disciplinary action up to and including termination.

We will examine each incident on a case-by-case basis.

Additionally, officers/employees who are observed to disregard our security instructions will face progressive discipline, even if their behavior hasn't resulted in a security breach.

**Take security seriously**

Everyone, from our customers and partners to our employees and contractors, should feel that their data is safe. The only way to gain their trust is to proactively protect our systems and databases. We can all contribute to this by being vigilant and keeping cyber security top of mind.

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