

“Working and learning together” — advancing child health across borders and languages.

HOT TOPICS EUROPAEDIATRICS · ISTANBUL

1st International Çam & Sakura Pediatric Days & 3rd EPA/UNEPSA Hot Topics Europaediatrics Joint Meeting

“Until All Children Smile” — held jointly with the 1st International Çam & Sakura Pediatric Nursing Days

Dates: 25–27 June 2026 **Venue:** Başakşehir Çam & Sakura City Hospital, Istanbul, Türkiye

Hosts: EPA/UNEPSA & Çam & Sakura Pediatric Hospital **Web:** www.camsakurapediatri.org

One of the key scientific events of EPA/UNEPSA, this joint meeting unites paediatricians and paediatric nurses from across Europe and beyond for three days of up-to-date science, debate and exchange of best practice spanning the full breadth of contemporary child health — from immunisation and rare diseases to nutrition, mental health, emergency care and the emerging role of artificial intelligence in paediatrics.

INTERNATIONAL FACULTY HIGHLIGHTS

Massimo Pettoello-Mantovani (President, EPA/UNEPSA) · Joseph Haddad (President, IPA) · Sir Terence Stephenson · Hilary Hoey · Robert Cohen · Patrick Tounian · Leyla Namazova-Baranova · Giuseppe Buonocore · Georgios Konstantinidis · László Szabó · Ida Giardino · Lady Alison Johns

• EXPERT WORKING GROUPS & RECENT SCIENCE

Annual EPA-UNEPSA Expert Working Groups Conference Series 2026

Villa Contarini – G.E. Ghirardi Foundation, Padua, Italy · 18–19 June 2026



This year's series convenes two parallel expert working groups — **Management of Atopic Dermatitis in General Paediatrics** and **Neonatal Nutrition: Focus on Vitamin K, DHA and Probiotics** — opened by EPA/UNEPSA President Massimo Pettoello-Mantovani. The Neonatal Nutrition group, coordinated by Prof. Giuseppe Buonocore, reviews current evidence across three structured sessions and works toward evidence-based consensus statements through a Delphi process:

- Vitamin K prophylaxis** — improving recommendations for the prevention of late vitamin K deficiency bleeding, including preterm and special cases.
- DHA across the first 1000 days** — who, when and how much; from pregnancy and lactation to the post-weaning gap.
- Probiotics in neonatology** — which strain for what and for whom; NEC prevention, caesarean birth and antibiotic exposure.

Core message: mother's milk is optimal — targeted supplementation is appropriate only where the evidence clearly supports benefit.

Recent Scientific Publications

Through its dedicated section in *The Journal of Pediatrics* (Elsevier), the EPA-UNEPSA Working Group on Social Pediatrics has published two new commentaries in the June 2026 volumes:

J. PEDIATR · VOL. 292 · JUN 2026 · VURAL ET AL.

The Silent Epidemic: Early-Onset Ludopathy in Children and the Invisible Digital Threat. Gambling disorder is reaching children under 12, driven by mobile devices and the merging of gaming with gambling (loot boxes, skin betting). The group urges paediatricians to build “digital paediatric literacy,” screen at well-child visits, and act with parents, educators and regulators on prevention.

doi.org/10.1016/j.jpeds.2026.114987

J. PEDIATR · VOL. 293 · JUN 2026 · PETTOELLO-MANTOVANI ET AL.

Beyond Social Conditions: The Moral Determinants of Children's Health. Written with the IPA, this commentary reframes child-health disparities as moral as well as social, proposing a Moral Determinants of Health framework grounded in the value of life, justice and solidarity, and a whole-of-government response modelled on the European Child Guarantee.

doi.org/10.1016/j.jpeds.2026.115028

2026 SCIENTIFIC CALENDAR — AT A GLANCE

18–19 Jun	Expert Working Groups — Padua, Italy
25–27 Jun	Europaediatrics Joint Meeting — Istanbul
Ongoing	EPA-UNEPSA section, J. Pediatrics

About EPA / UNEPSA — European Paediatric Association / Union of National European Paediatric Societies and Associations

Founded in 1976 at the St Sophia Children's Hospital in Rotterdam, EPA/UNEPSA is a non-profit pan-European body uniting some 50 national societies — more than three-quarters of all European countries — to promote child health and comprehensive paediatric care through scientific cooperation, education and research.